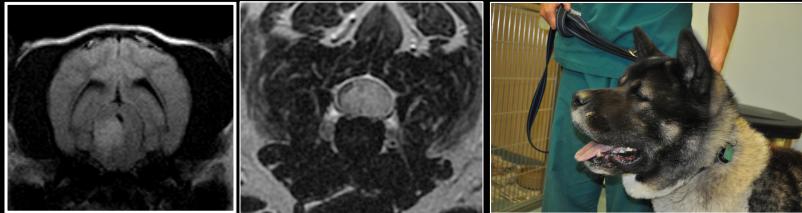
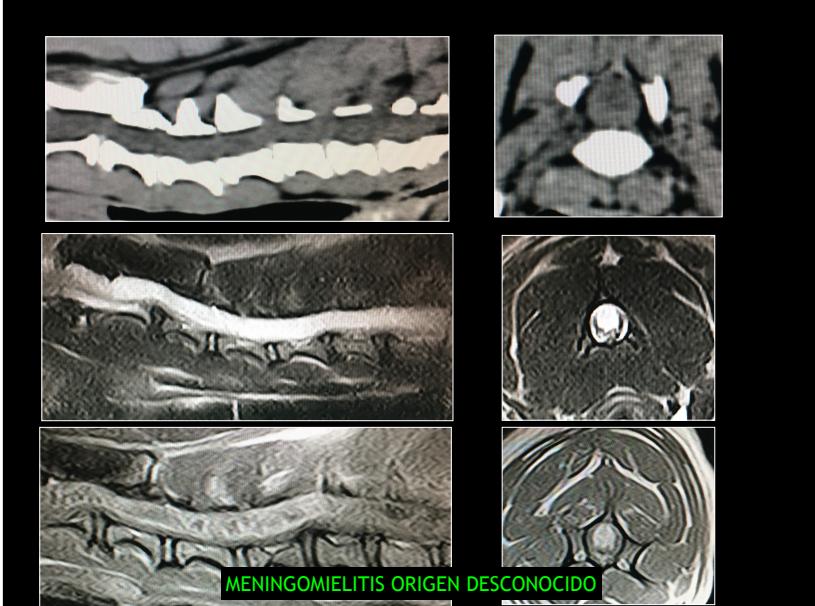


CORTICOIDES USO EN NEUROLOGIA

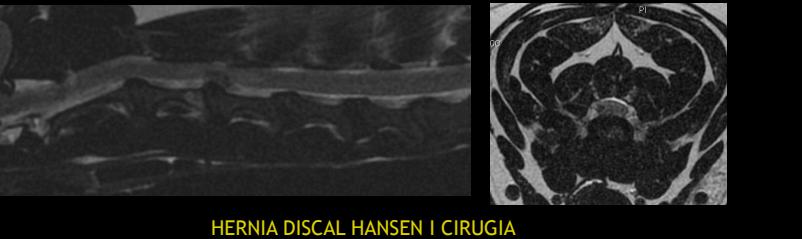


Sergio Rodenas, DVM, MRCVS, Dip ECVN
Especialista europeo reconocido en Neurologia Veterinaria

Servicio Neurologia/Neurocirugia Bluecare Parteners
Facebook; Vetneurologia neurocirugia

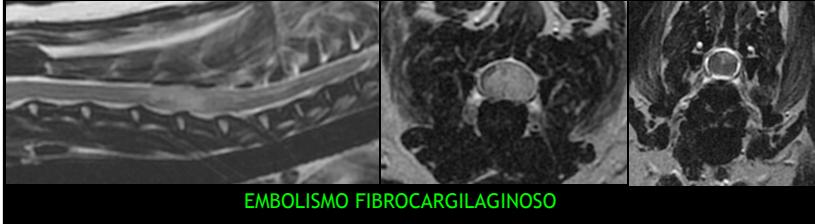


Teckel de 5 años tetraparesia no ambulatoria aguda

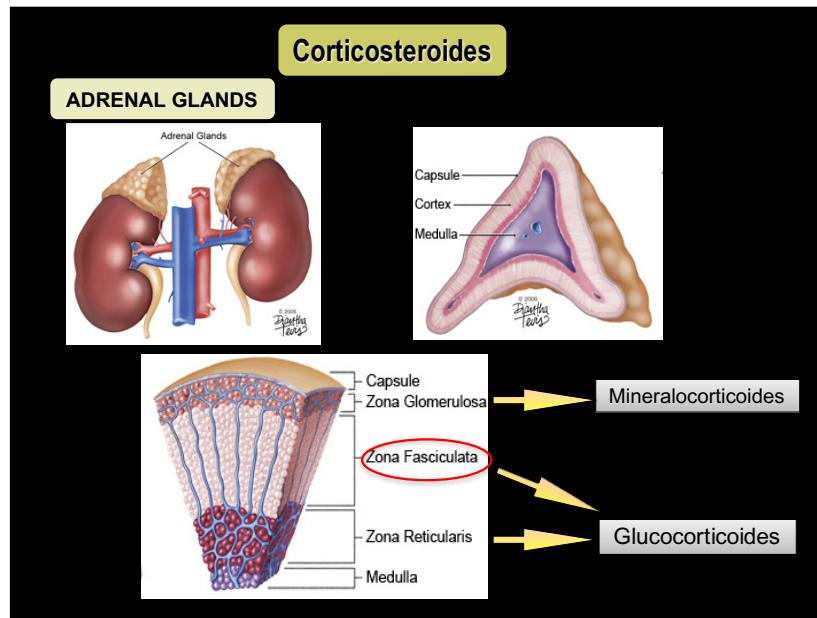
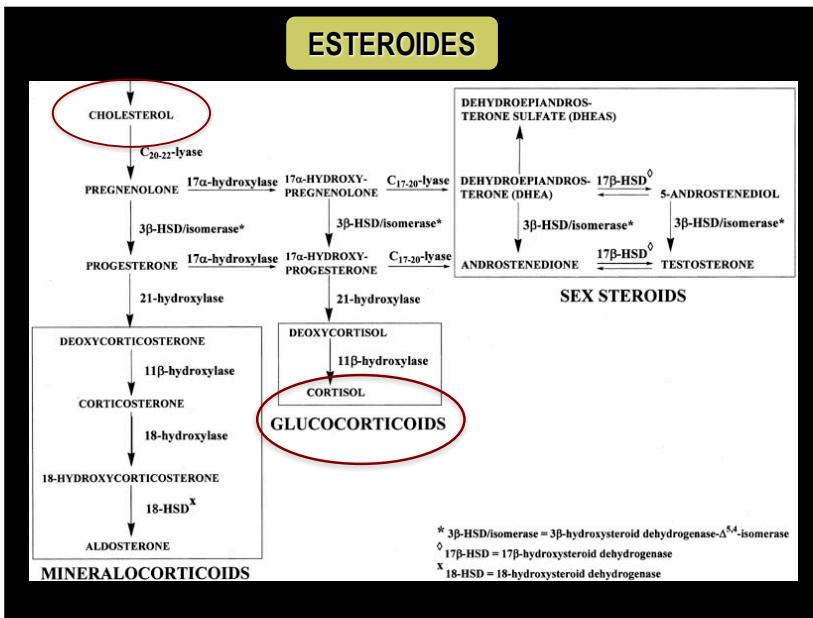
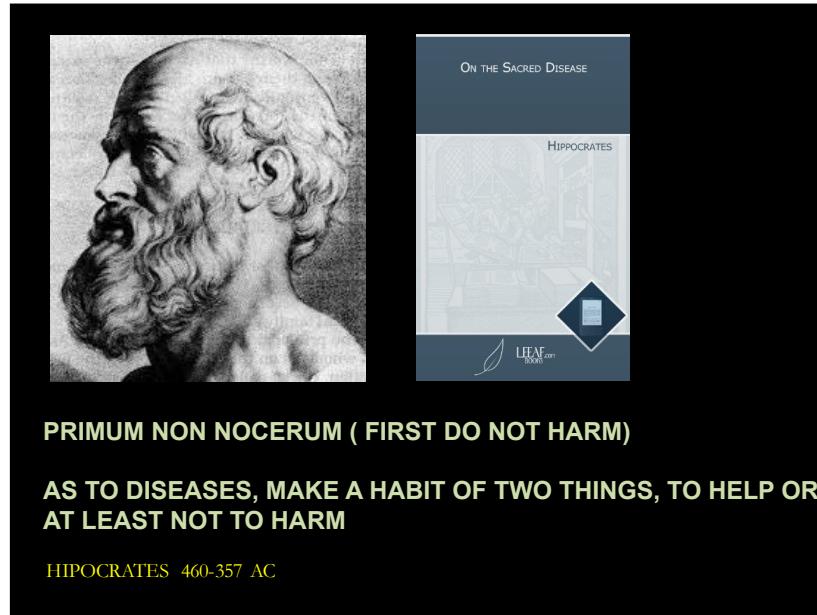


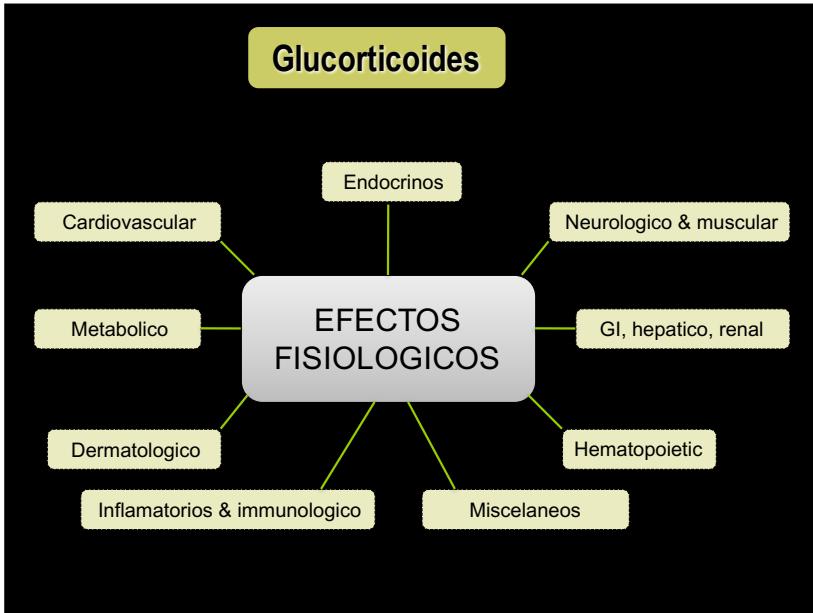
HERNIA DISCAL HANSEN I CIRUGIA

Pomerania de 5 años tetraparesia no ambulatoria aguda



EMBOLISMO FIBROCARGILAGINOSO





Efectos fisiológicos

- **Efectos metabólicos**
Aumenta la gluconeogenesis
Aumento del catabolismo proteico
Antagónica la insulina y promueve lipólisis.
- **Efectos cardiovasculares**
Efectos ionotrópicos
Optimiza el numero de receptores de catecolamina
Vasoconstricción
- **Efectos endocrinos**
Disminución producción ACTH
Supresión TSH y concentraciones T3/T4



Corticoides sintéticos más comúnmente usados

Agente	Actividad Antiinflamatoria	Mineralocorticoide	Dosis equivalente mg	Tiempo biológico horas
Cortisona	0.8	0.8	25	8-12
Prednisona/ Prednisolona	4	0,25	5	12-36
Betametasona	25	0	0,6-0,8	>48
Metilprednisolona	5	0	4	12-36
Dexametasona	30	0	0.75	36-54
Hidrocortisona	1	1	20	8-12

INDICACIONES TERAPEUTICAS

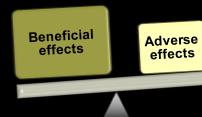
- ENFERMEDAD DE ADDISON
- PROPIEDADES ANTI-INFLAMATORIAS
- INMUNOSUPRESION
- EFECTOS ANTI EDEMA
- CITOTOXICIDAD VS LINFOCITOS NEOPLASICOS
(Protocolo linfoma)

INDICACIONES TERAPEUTICAS

- PROPIEDADES ANTI-INFLAMATORIAS
 - Regula expresión en genes (20% en leucocitos)
 - Aumenta proteínas anti-inflamatorias (annexina, SLP)
 - Disminuye enzimas inflamatorias (leucotrienos, prostaglandinas, PLA2)
 - Disminuye IL, TNF, etc
 - Disminuye fagocitosis mononuclear
- INMUNOSUPRESION
 - Inmunidad sobre todo celular
 - Reduce células CD4 T y citoquinas T

Glucocorticoides

ADVERSE EFFECTS



- Abortion
- Alopecia
- Calcinosus cutis
- Colonic perforation
- Delayed wound healing
- Diabetes mellitus
- Gastrointestinal ulceration
- Growth suppression
- Hypercoagulable state
- Hyperlipidemia
- Iatrogenic hyperadrenocorticism
- Immunosuppression
- Insulin resistance
- Ligament and tendon rupture
- Muscle atrophy, wasting
- Myotonia/myopathy
- Obesity
- Osteoporosis
- Panting
- Polyphagia/polyuria/polydipsia
- Proteinuria
- Psychosis, behavioral changes
- Seizure threshold lowered
- Skin thinning
- Vacuolar hepatopathy

Efectos secundarios adversos

- **Gastrointestinales.** Pancreatitis, gastroenteritis hemorragica, ulceración, perforación
- **Músculo-esquelético.** Debilidad muscular y atrofia
- **Cushing iatrogénico**
- **SNC.** Ansiedad, insomnio, depresión en humanos.

ENMASCARA DIAGNOSTICO, DIAGNOSTICO TARDIO, ENMASCARA SIGNOS CLINICOS, TRATAMIENTO DESPUES MAS COMPLICADO

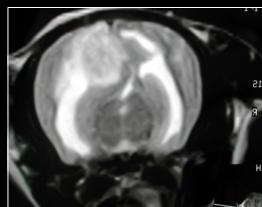
PREGUNTAR PROPIETARIO ANTES SI TEST DIAGNOSTICOS

EDEMA CEREBRAL

Edema vasógeno

- Daño membrana endotelial
- Disrupcion BHE
- Acumulación de mediadores inflamatorios
- Transporte activo vesicular

RESPONDE A TRATAMIENTO CON GLUCOCORTICOIDES



Edema citotóxico

Hinchazón de células neuronales gliales y endoteliales a expensas del fluido extracelular en cerebro

Secundario a hipoxia e isquemia



TRATAMIENTO DE CONDICIONES ESPECIFICAS CON CORTICOESTEROIDES EN NEUROLOGIA

Trauma craneoencefálico

- Asociado a alta mortalidad en humanos y animales.

Etiología

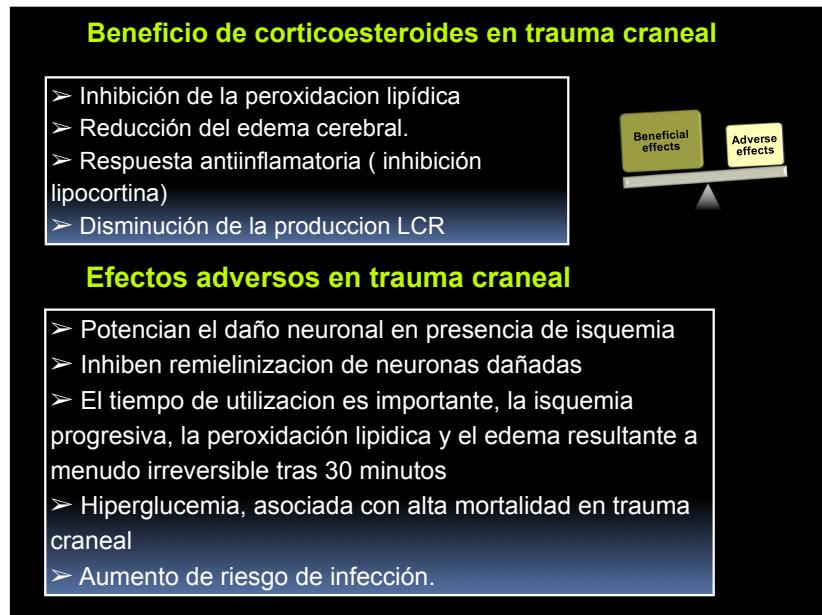
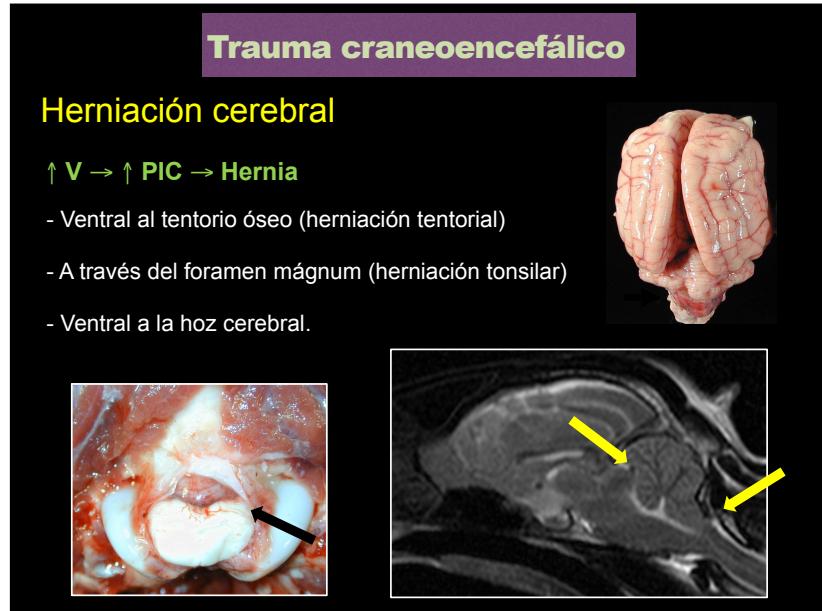
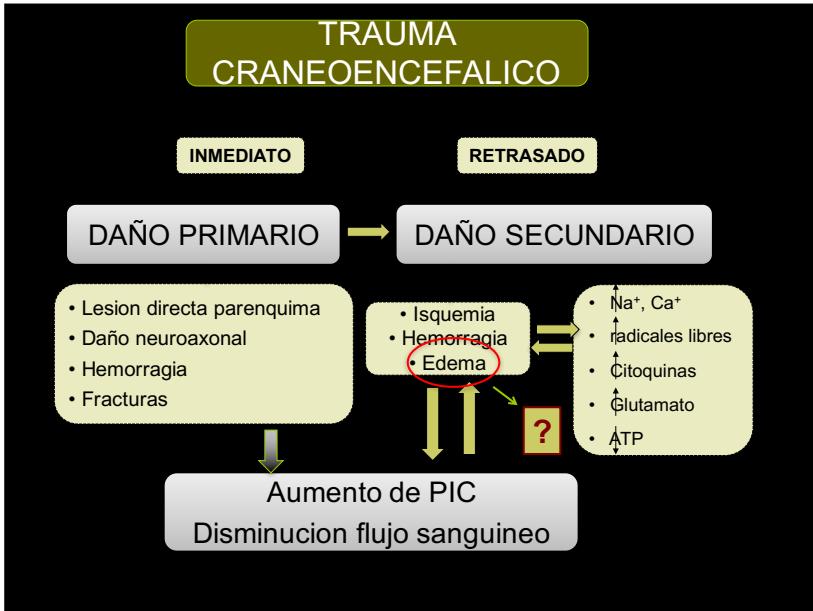
Accidentes de trafico, caídas, disparo, mordedura.....



Fisiopatología

Daño primario. Inmediato
-Concusión
-Contusión
-Daño axonal difuso
-Hemorragia, hematoma, edema vasogénico.

La mayoría de veces instantáneo e irreversible



➤ The Brain Trauma Foundation and American Association of Neurological Surgeons. (1995, 2000).

El uso de corticoides no indicado en trauma craneal.

Effect of intravenous corticosteroids on death within 14 days in 10 008 adults with clinically significant head injury (MRC CRASH trial): randomised placebo-controlled trial

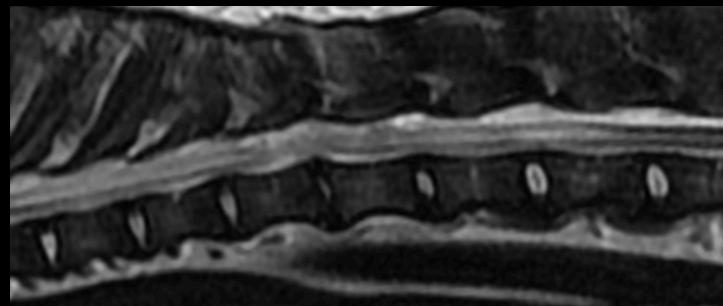
(Lancet 2004;364:1321)

MPSS:

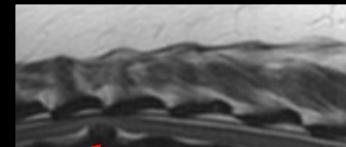
~~GLUCOCORTICOIDES~~

Mínimos beneficios si alguno en comparación con las desventajas

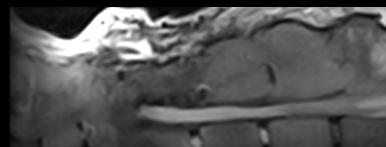
HERNIA DISCAL NO COMPRESIVA NUCLEO PULPOSO



Trauma espinal



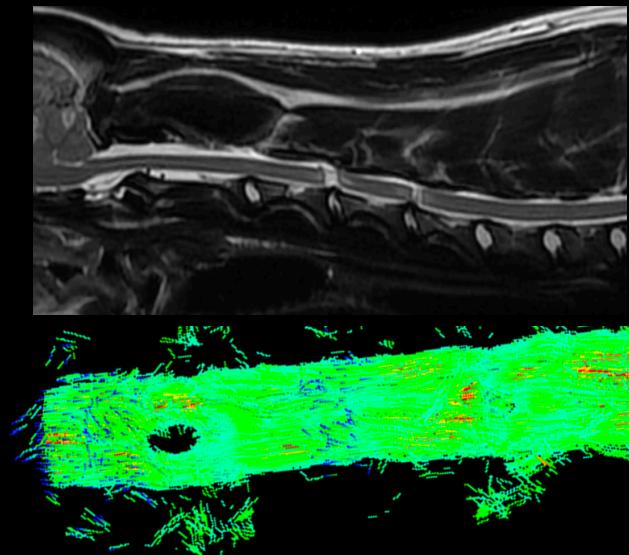
H DISCAL H I

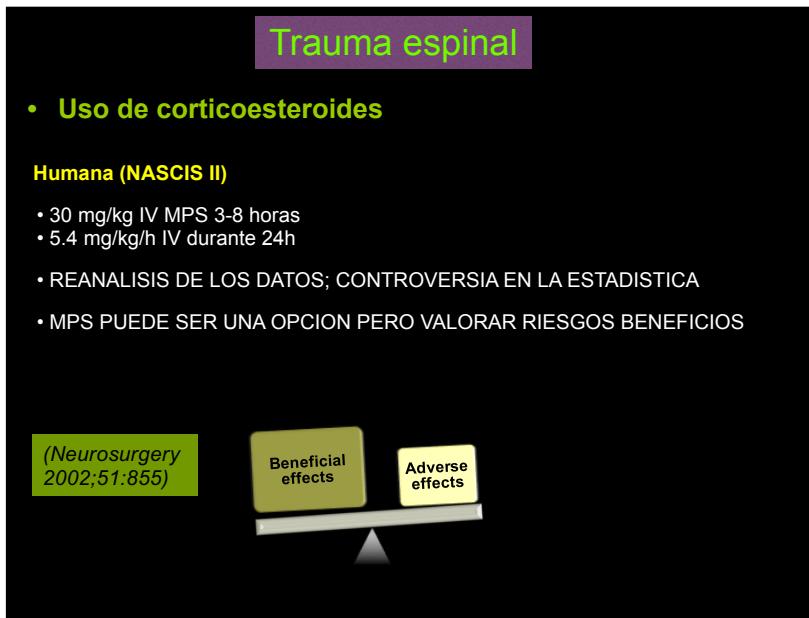
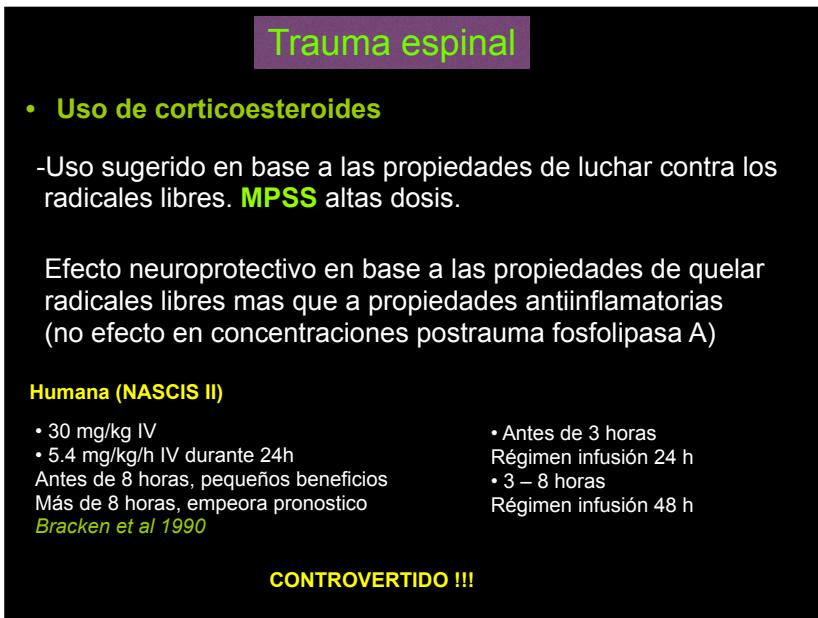
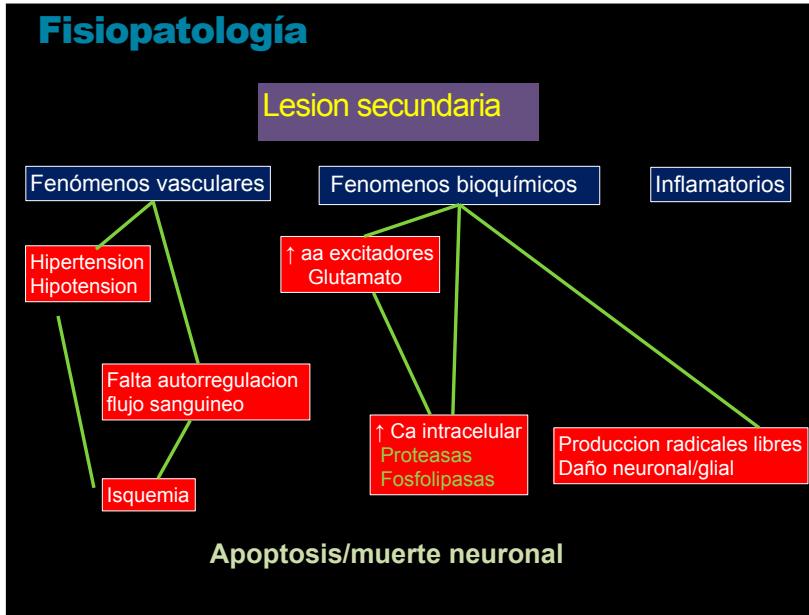
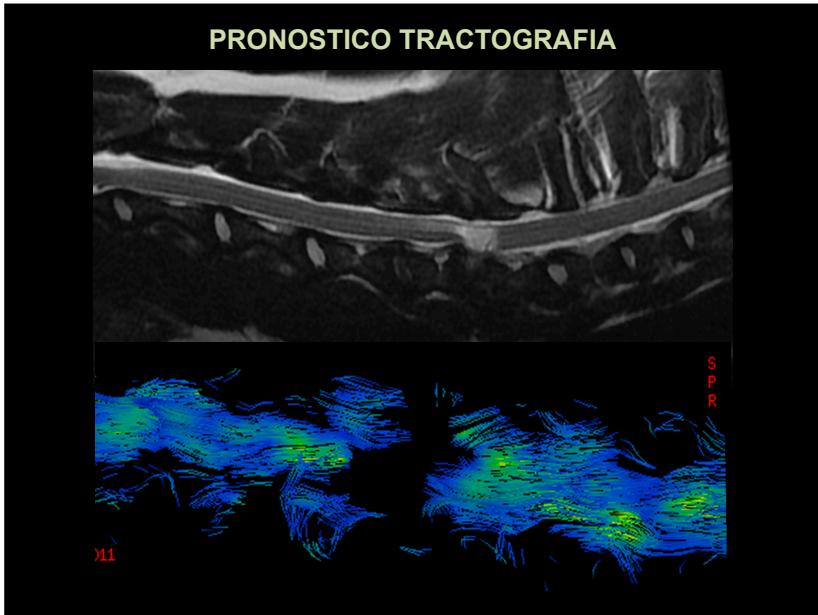


FRACTURA PATHOLOGICA
OSTEOMIELITIS



PRONOSTICO TRACTOGRAFIA





High dose methylprednisolone in the management of acute spinal cord injury – a systematic review from a clinical perspective

DJ Short^{*1}, WS El Masy^{1,3} and PW Jones^{2,4}

¹Midlands Centre for Spinal Injuries, Robert Jones & Agnes Hunt Orthopaedic & District Hospital NHS Trust, Oswestry, Shropshire, SY10 9DP, UK; ²Department of Mathematics, Keele University, Staffordshire, ST5 5BG, UK

Study design: Systematic literature review for primary data using predefined inclusion, exclusion and validity criteria. Primary outcome measure was standardised neurological examination or neurological function. Secondary outcomes; acute mortality, early morbidity.

Objectives: To access the literature available to clinicians systematically and evaluate the evidence for an effect of high dose methylprednisolone (MPSS) on neurological improvement following acute spinal cord injury (ACSI).

Methods: Information retrieval was based on Medline search (1966 through December 1999) using the strategy 'spinal cord injury' and 'methylprednisolone' (or 'dexamethasone') with no other restrictions. Primary data publications using high dose steroids given within 12 h following spinal cord injury and reporting outcome measures separately for steroid and non-steroid treated groups were selected. Evaluation followed the guides of Guyatt *et al*⁷ (for the Evidence Based Working Group in Canada). Studies with questionable validity were excluded. Level of evidence and treatment recommendation utilised the Canadian Task Force on the Periodic Health Examination criteria.⁶ Experimental spinal cord injury studies on larger animals were included; small mammal experiments were considered beyond evaluation.

Results: Three clinical trials and six cohort study publications were found to satisfy the review criteria. The evidence they provide supports 'the recommendation that the manoeuvre (high dose methylprednisolone) be excluded from consideration as an intervention for the condition'¹⁰ (acute spinal cord injury). Twelve larger animal publications were detailed. Validity and the functional significance of results was of concern in many. The weight of evidence lay with those studies demonstrating no definite effect of MPSS on functional outcome. In most experiments with higher level cord damage, deaths in the MPSS treated group were notable.

Conclusion: The evidence produced by this systematic review does not support the use of high dose methylprednisolone in acute spinal cord injury to improve neurological recovery. A deleterious effect on early mortality and morbidity cannot be excluded by this evidence. *Spinal Cord* (2000) **38**, 273–286

Keywords: methylprednisolone, NO EVIDENCIA DE MEJORIA

Trauma espinal

Perros

- 30 mg/kg IV MPSS
- 15 mg/kg IV a 2 y 6 horas
- 15 mg/kg/8h durante 48 h

- Extrapolado de estudios en humana
- Beneficio no probado. Experimental.
- Evaluar riesgos con beneficios.

Efectos secundarios

- Hipotension
- Vómitos
- Infecciones (ej, neumonía)
- Perforación gastrointestinal
- Hemorragia GI

Trauma espinal

- ❖ En un estudio en perros tras una cirugía espinal, recibieron una dosis 30 mg/kg MPSS seguido de la mitad a la dosis completa 2-4 horas mas tarde.

90% hemorragia gastrointestinal

A Placebo-Controlled, Prospective, Randomized Clinical Trial of Polyethylene Glycol and Methylprednisolone Sodium Succinate in Dogs with Intervertebral Disk Herniation

N.J. Olby, A.C. Muguet-Chanoit, J.-H. Lim, M. Davidian, C.L. Mariani, A.C. Freeman, S.R. Platt, J. Humphrey, M. Kent, C. Giovanella, R. Longshore, P.J. Early, and K.R. Muñana

GLUCOCORTICOIDES

Results: Sixty-three dogs were recruited and 47(63%) recovered ambulation. 17.5% developed progressive myelomalacia but there was no association with group. There was no difference in OFS among groups. Although full study power was not reached, conditional power analyses indicated the futility of continued case recruitment.

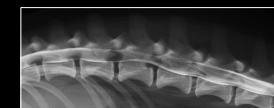
Conclusions: This clinical trial did not show a benefit of either MPSS or PEG in the treatment of acute, severe thoracolumbar IVDH when used as adjunctive medical treatment administered to dogs presenting within 24 hours of onset of paralysis.

Key words: Neuroprotection; Paraplegia; Secondary injury; Spinal cord injury.

Enfermedad discal aguda moderada

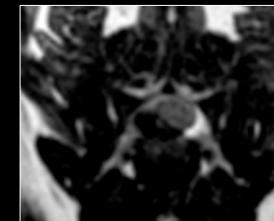
H discal Hansen I

- Beneficio anecdótico no probado de AIES
- Tratamiento confinamiento estricto 3 semanas



- El uso de corticoides puede mejorar momentáneamente el cuadro favoreciendo el movimiento del animal

- Si uso de AINES, u otros medicamentos. Confinamiento



Enfermedad discal aguda moderada

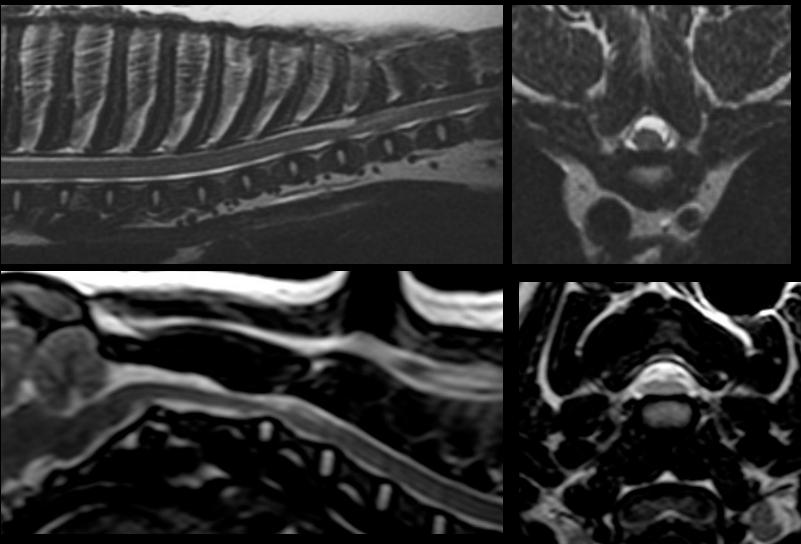
• H discal Hansen I

Adverse effects and outcome associated with dexamethasone administration in dogs with acute thoracolumbar intervertebral disk herniation: 161 cases (2000-2006). JAVMAM 2008

Levine JM₁, Levine GJ, Boozer L, Schatzberg SJ, Platt SR, Kent M, Kerwin SC, Fosgate GT.

Results indicated that treatment with dexamethasone before surgery is associated with more adverse effects, compared with treatment with glucocorticoids other than dexamethasone or no treatment with glucocorticoids, in dogs with thoracolumbar intervertebral disk herniation. In this study population, no difference in outcome was found among groups. These findings suggest that the value of dexamethasone administration before surgery in dogs with thoracolumbar disk herniation should be reconsidered

DIVERTICULOS ARACNOIDEOS



Enfermedad discal crónica y otras mielopatías compresivas

➢ HD Hansen II

➢ Espondilomiopatía cervical caudal

➢ Divertículo aracnoideo

➢ Otros

Utilizado como antiinflamatorio,
mejorar flujo espinal
y el edema

Prednisona 0,5 mg/kg/12h

Ir bajando paulatinamente o
dosis sin efectos secundarios



CONGENITO/IDIOPATICO/MISCELANEOS

DIVERTICULOS ARACNOIDEOS

Spinal Arachnoid Diverticula: Outcome in 96 Medically or Surgically Treated Dogs

D.A. Mauler S. De Decker, L. De Risio, H.A. Volk, R. Dennis, I. Gielen, E. Van der Vekens, K. Goethals, and L. Van Ham

Background: Little is reported about the role of medical management in the treatment of spinal arachnoid diverticula (SAD) in dogs.

Objectives: To describe the outcome of 96 dogs treated medically or surgically for SAD.

Animals: Ninety-six dogs with SAD.

Methods: Retrospective case series. Medical records were searched for spinal arachnoid diverticula and all dogs with information on treatment were included. Outcome was assessed with a standardized questionnaire.

Results: Fifty dogs were managed medically and 46 dogs were treated surgically. Dogs that underwent surgery were significantly younger than dogs that received medical management. No other variables, related to clinical presentation, were significantly different between both groups of dogs. The median follow-up time was 16 months (1-90 months) in the medically treated and 23 months (1-94 months) in the surgically treated group. Of the 38 dogs treated surgically with available long-term follow-up, 82% (n = 31) improved, 3% (n = 1) remained stable and 16% (n = 6) deteriorated after surgery. Of the 37 dogs treated medically with available long-term follow-up, 20% (n = 11) improved, 30% (n = 11) remained stable, and 40% (n = 15) deteriorated. Surgical treatment was more often associated with clinical improvement compared to medical management ($P = .0002$).

Conclusions and Clinical Importance: The results of this study suggest that surgical treatment might be superior to medical treatment in the management of SAD in dogs. Further studies with standardized patient care are warranted.

Key words: Arachnoid cyst; Spinal cord; subarachnoid cyst.

Enfermedades inflamatorias

Meningoencefalomieltitis infecciosas

Bacterianas

Rickettsias erlichia, borrelia
Viricas moquillo, PIF, herpesvirus
Fúngicas criptococosis
Protozoarias Toxoplasma, neospora
Parasitos cuterebra, D inmitis

Propiedades inmunosupresivas, pueden agravar la enfermedad.

Propiedades antiinflamatorias pueden ser de gran ayuda sobre los efectos del daño infeccioso en el SNC. (cortos periodos de tiempo)

Meningoencefalomieltitis infecciosas

Bacterianas

Dexametasona 0.15mg/kg/4 días antes del tratamiento antibiótico
Ha mostrado disminuir la presión IC, la inflamación SNC y las secuelas neurológicas. (literatura humana)

Trials en humana han mostrado un efecto beneficioso del uso de Dexametasona asociado a la antibioterapia.

No estudios ni trial en pequeños animales de la eficacia de terapia con esteroides en meningitis bacterianas.

Extrapolación de estudios de humana

Apropiado???

Meningoencefalomieltitis infecciosas

Virales

Moquillo

Pronostico grave en forma neurológica
En algunos casos remision o disminucion de signos temporal con tratamientos cortos de AIES o inyección simple dedexametasona

PIF Altas dosis, Prednisolona 2-4 mg/kg/dia

Rickettsias

La administración de AIES prolonga la duración de ricketsemia
La severidad de signos clínicos no aumenta en perros infectados experimentalmente. (Greene 1998)

Evaluar riesgos/beneficios según estado neurológico

Meningoencefalomieltitis de origen desconocido (granulomatosa)

Meningoencefalitis no supurativas

No histopatología

Signos clínicos multifocales

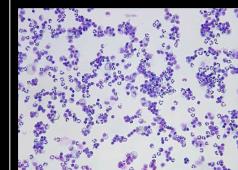
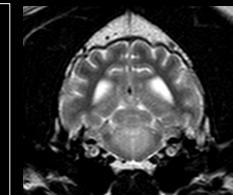
Lesiones RMN/TAC multifocales/focales

LCR inflamatorio (>> pleocitosis mononuclear)

Serologías/PCR enfermedades infecciosas negativas

Immunomediada (primaria, virus????)

Tratamiento inmunosupresión



Meningoencefalomieltitis de origen desconocido (granulomatosa)

-1) Forma ocular (rara)

- Inicio agudo de problemas visuales
ceguera parcial/total
- Normalmente midriasis sin respuesta a la luz
Unilateral/bilateral (neuritis óptica)
- Fondo ojo
edema, inflamación disco óptico
Coriorretinitis, hemorragias
- RMN/LCR
- Posible progresión signos SNC



Cortesía Dra Marta Leiva (UAB)

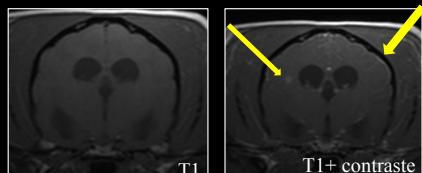
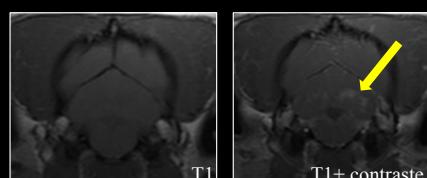


Meningoencefalomieltitis de origen desconocido (granulomatosa)

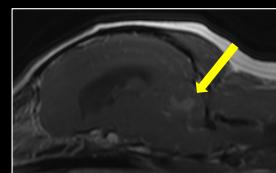
-3) Forma diseminada o multifocal

N óptico, encéfalo, médula espinal

- Signos multifocales
- Agudo, rápida progresión



Hemisferio cerebral



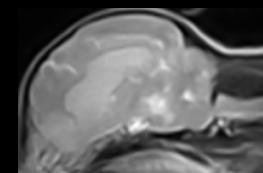
Meningoencefalomieltitis de origen desconocido (granulomatosa)

-2) Forma focal

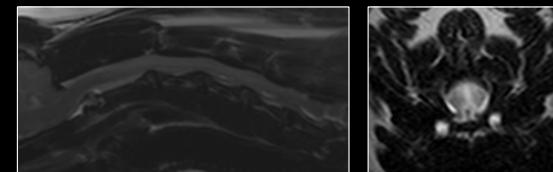
Signos neurológicos según localización

Signos agudos o progresivos (pueden mimetizar tumores)

- encéfalo
cerebro, tronco de encéfalo, cerebelo



- médula espinal



Meningoencefalomieltitis de origen desconocido (granulomatosa)

AIES

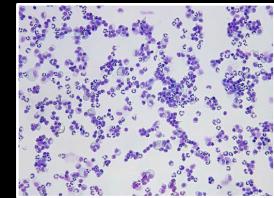
- Inyección única dexametasona 0.25mg/kg
- Prednisolonola 1-2 mg/kg BID
- Reducir gradualmente. Dosis efectiva

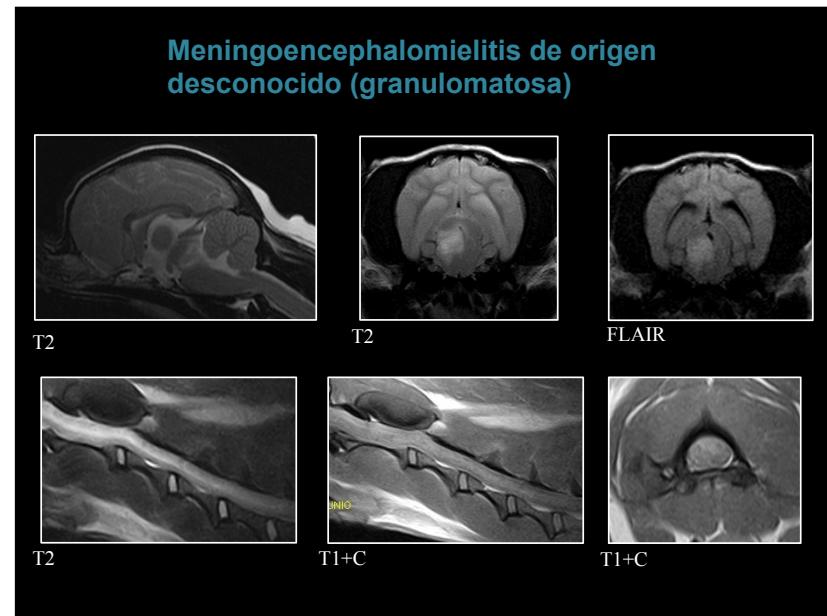
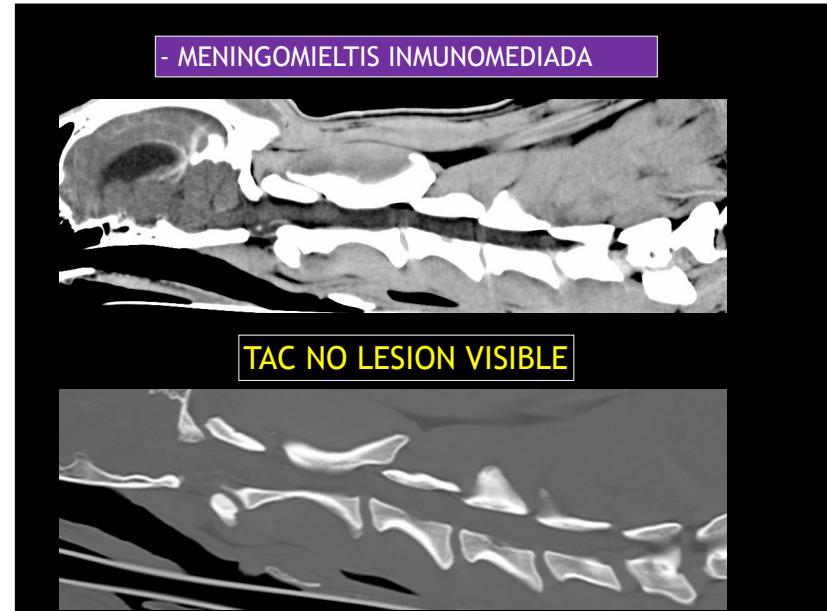
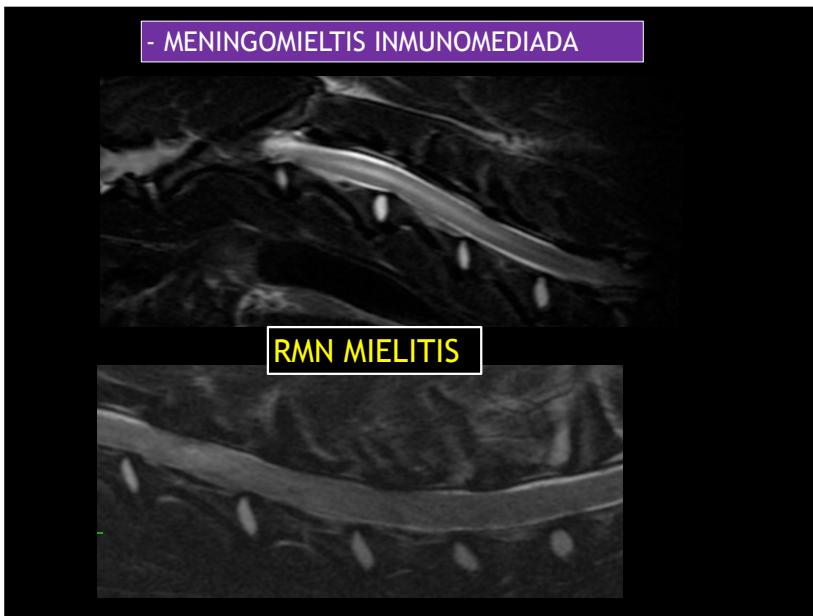
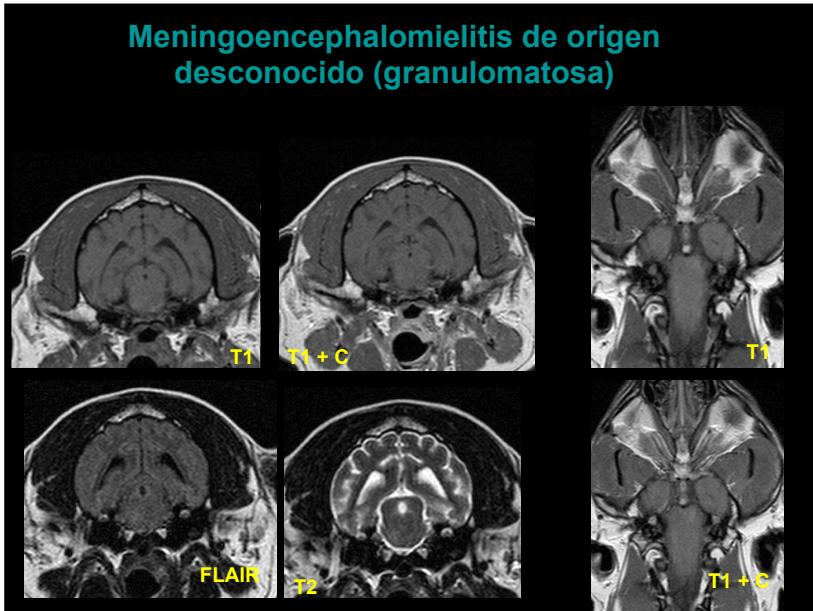
Prednisona 1- a 1.5mg/kg/12 horas/3-4 semanas (casos más graves)

1mg/kg/12 horas/4-6 semanas
0.5 mg/kg/12 horas/3-4 semanas
0.5 mg/kg/24 horas/2-4 semanas
0.5 mg/kg/48 horas/2-4 semanas

Tratamientos alternativos

- ✓ Cytosine-arabinoside
- ✓ Procarbazine
- ✓ Ciclosporina A
- ✓ Leflunomida
- ✓ Cirugía y Radioterapia





Meningoencefalitis necrotizante

Carlino, maltese, yorkshire, chihuahua

Causa desconocida

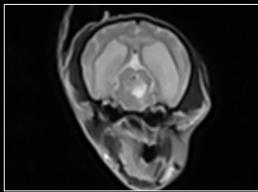
LCR pleocitosis mononuclear

Histología: lesiones necróticas con
Meningitis diseminada, coroiditis y
encefalitis



Leucoencefalitis necrotizante

Yorkshire y chihuahua



Tratamiento como la MOD

Meningitis-arteritis SRMA

Perros raza grande jóvenes < 2 años

LCR: Pleocitosis neutrófila

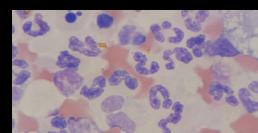
IgA en LCR y suero

Poliartritis inmunomediatoria asociada

Causa inmunológica?

Moderada vasculitis?

BOXER, BOYERO, PERRO AGUA, BEAGLE



o Prednisona

-4mg/kg/24h durante 2 días

-2 mg/kg/24h 2-3 semanas

-Bajar gradualmente.

- Control PCR

Pronóstico resolución signos excelente
En 50% casos. 2 años remisión

Si recidiva o no mejoría, Ciclosporina, citarabina, azatioprina

Meningoencefalitis necrotizante

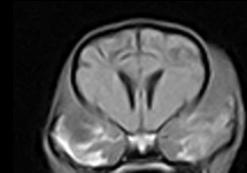
- Tratamiento

N=46. Tratamiento. Media supervivencia 100d (1-680d)
N=6. No tratamiento. Media 7.4d (3-18)

Anticonvulsivos (Fenobarbital)

Prednisona

Otros

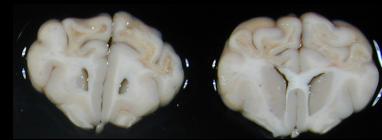


- Pronóstico

Grave a fatal

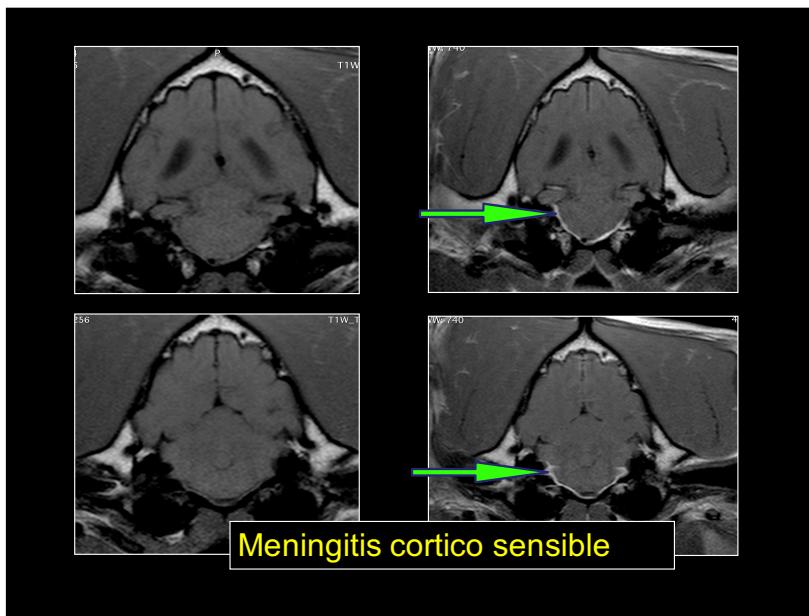
N=60. Media supervivencia 93d (1-680d)

Levine et al, JVIMK 2008



- Histopatología

- Inflamación asociada a áreas de necrosis



Enfermedades neoplásicas

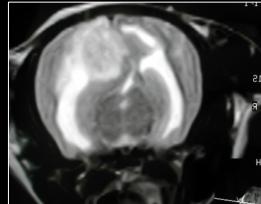
Controlar hidrocefalia secundaria
Edema peritumoral
Reducir presión IC

Dosis antiinflamatorias reducen
Producción LCR, edema vasogénico
Así como flujo sanguíneo al tumor en 24 h



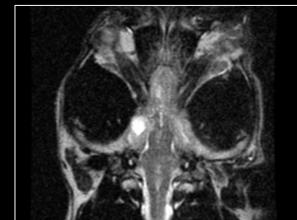
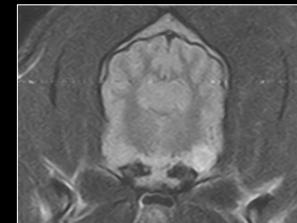
Reducción del edema al disminuir la
patológicamente Incrementada
permeabilidad capilar de la BHE

Actúan sobre cel endoteliales ↓ la permeabilidad
y ↓ la Presión IC



PREDNISONA A 0,5 MG/KG/12 HORAS

Enfermedades neoplásicas



Glioma lob piriforme

4 meses tras AIES y lomustina

Enfermedades vasculares

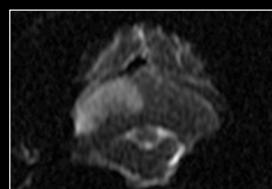
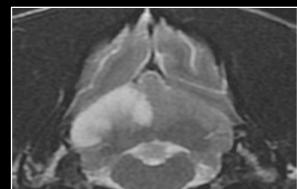
ENFERMEDAD CEREBROVASCULAR

Progresión edema 24-72 horas en
Isquemias.
Hemorragias pueden ser más progresivas

La mayoría del daño cerebral por
edema citotóxico.
Disfunción en membrana celular



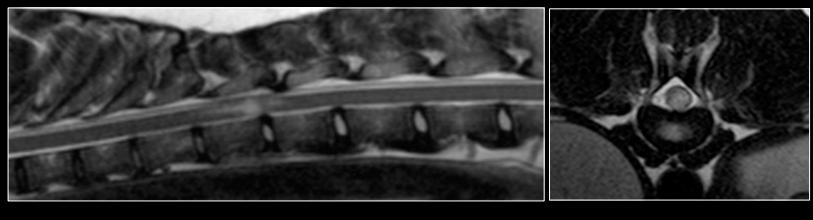
Enfermedades vasculares



~~GLUCOCORTICOIDES~~



MIELOPATIA ISQUEMICA (EFC)

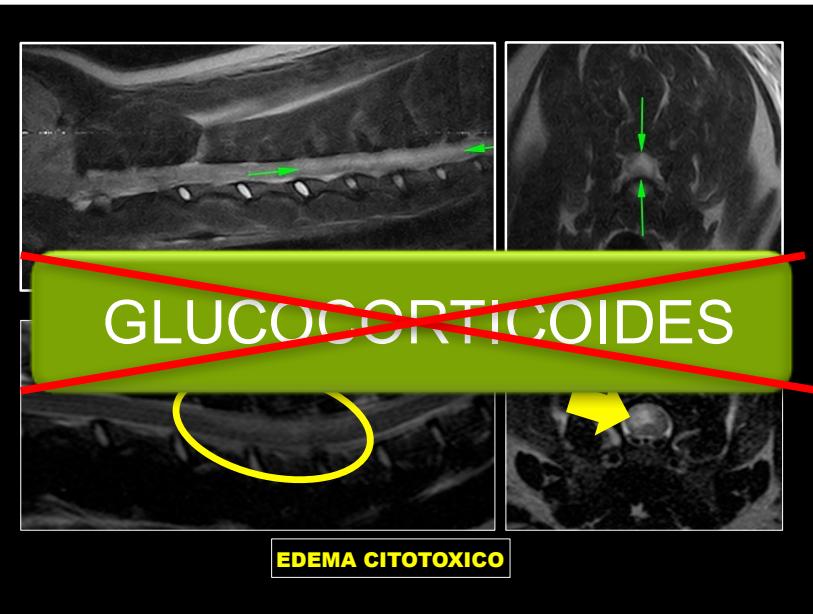


MIELOPATIA ISQUEMICA (EFC)

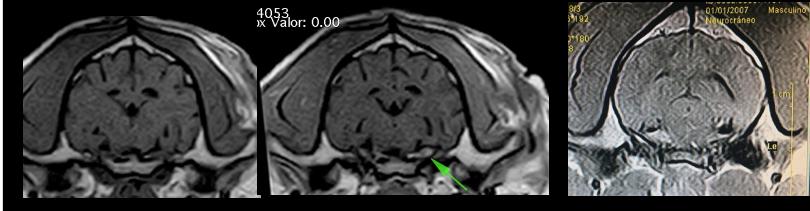


~~GLUCOCORTICOIDES~~

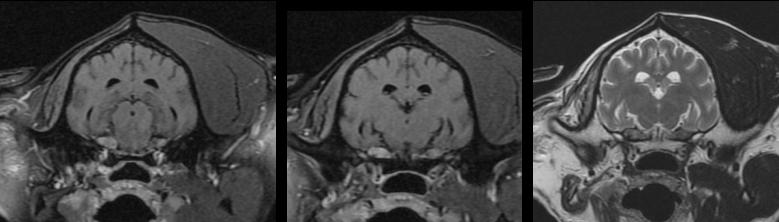
EDEMA CITOTOXICO



NEURITIS DEL NERVIO TRIGEMINO



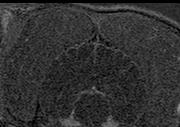
NEOPLASIA VERSUS NEURITIS NC V



TRATAMIENTO INMUNOSUPRESOR

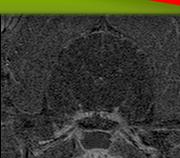
- CORTICOESTEROIDES a 1 mg/kg/12 horas (ojo atrofia muscular)
- CICLOSPORINA, CITARABINA, OTROS
- GABAPENTINA NEURALGIA DEL TRIGEMINO

NEUROPATHIA DEL NERVIO TRIGEMINO IDIOPATICA



GLUCOCORTICOIDES

A large green rectangular box with the word "GLUCOCORTICOIDES" in white capital letters is overlaid on the image, and a thick red diagonal line crosses it out.



NC V (TRIGEMINO)



NEUROPATHIA DEL NERVIO TRIGEMINO IDIOPATICA

Trigeminal neuropathy in dogs: a retrospective study of 29 cases (1991-2000).
Mayhew PD, Bush WW, Glass EN. *J Am Anim Hosp Assoc.* 2002

The medical records of 29 dogs unable to close their mouths due to flaccid paralysis or paresis of the muscles innervated by the mandibular branch of the trigeminal nerve, were reviewed. **Idiopathic trigeminal neuropathy was diagnosed in 26 dogs based on complete resolution of clinical signs and lack of any long-term neurological disease.** Of these dogs, golden retrievers were overrepresented. No age, sex, or seasonal predispositions were identified. Trigeminal sensory innervation deficits were observed in 35% (9/26), facial nerve deficits were observed in 8% (2/26), and **Horner's syndrome was observed in 8% (2/26) of dogs.** Electromyographic examination of the muscles of mastication revealed abnormalities in seven of nine dogs. Results of cerebrospinal fluid analysis were abnormal in seven of eight dogs. Corticosteroid therapy did not affect the clinical course of the disease. Mean time to recovery was 22 days. Lymphosarcoma, Neospora caninum infection, and severe polyneuritis of unknown origin were diagnosed in three of 29 dogs at necropsy.

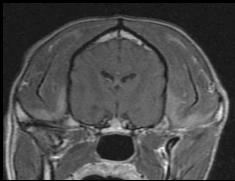
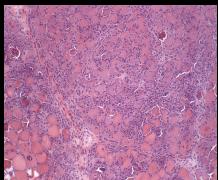
MIASTENIA GRAVE

- CORTICOIDES?
- Si no respuesta optima con anticolinesterásicos
- Aumento de debilidad al comienzo de tratamiento (hospitalización, problemas respiratorios)
- Perros comenzar a bajas dosis 0.5 mg/ día e ir Incrementando.
- Valorar efectos secundarios

Intentar no usar, la mayoría de los casos controlados con anticolinesterásicos



POLIMIOSITIS, MMM, EXTRAOCULAR



Perros	Gatos
Prednisona a:	Prednisona a:
2 mg /kg/12 horas/2 semanas	3 mg/kg/12 horas/2 semanas
1 mg/kg/12 horas/3 semanas	2 mg/kg/12/3 semanas
1 mg/kg/24 horas/3 semanas	1 mg/kg/12 horas/3 semanas
0,5 m/kg/24 horas/3 semanas	0,5 mg/kg 12 horas/3 semanas
0,5 mg/kg/48 horas 2 semanas	0,5 mg/kg/24 horas/2 semanas
	0,5 mg/kg/48 horas/2 semanas

Conclusiones

- Aunque muchos pacientes pueden beneficiarse de la terapia con AIES no evidencia clínica ni estudios en pequeños animales en muchas patologías
- Mayoría de protocolos en enfermedades neurológicas son extrapoladas de medicina humana. No trial en medicina veterinaria
- No usar si posible antes de establecer un diagnóstico
- **Conocer efectos adversos, evaluar riesgos/beneficios**

PRIMUM NON NOCERUM (FIRST DO NOT HARM)

AS TO DISEASES, MAKE A HABIT OF TWO THINGS, TO HELP OR AT LEAST NOT TO HARM

GRACIAS

PREGUNTAS?